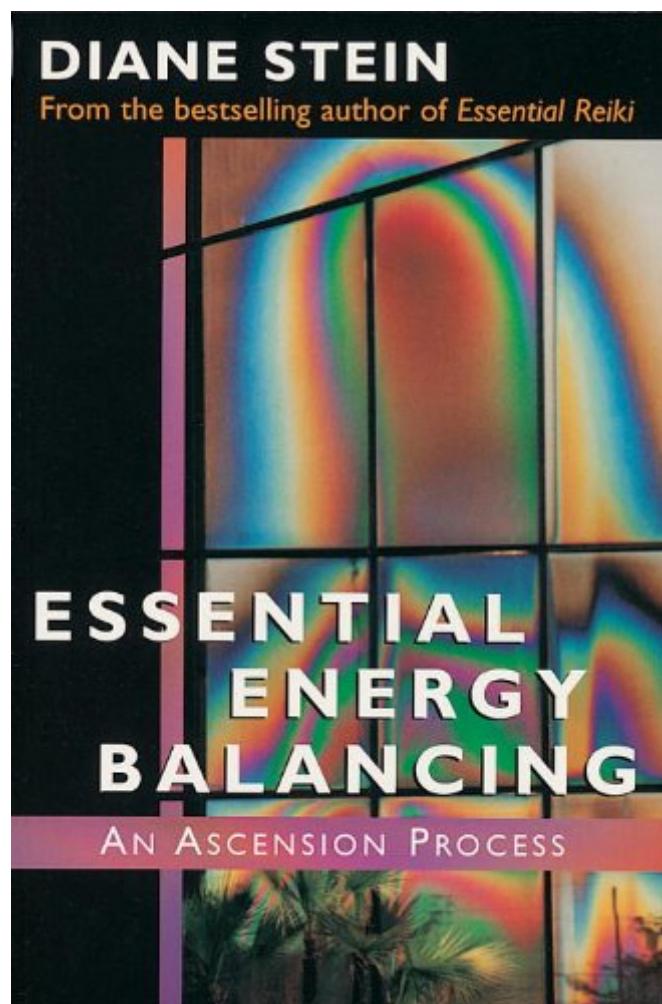


The book was found

# Essential Energy Balancing: An Ascension Process



## **Synopsis**

Let Diane Stein and ESSENTIAL ENERGY BALANCING show you how to be all that you can be. Essential Energy Balancing® is an ascension [enlightenment] processâ "one of total healing. The karmic suffering weâ™re born with, for the most part, is implacable. Now it can be changed, lovingly, with a simple formula and the blessings of the Lords of Karmaâ "the keepers of our soulsâ™ evolution. Part I of Essential Energy Balancing® teaches the easy self-healing methods that change suffering into wellness and inner peace. Part II is a series of ten energy reprogramming meditations that lead to ascension and bring out your Goddess-Within. Part III is a discussion of energy anatomy and of who we really areâ "a highly complex system. From the Trade Paperback edition.

## **Book Information**

File Size: 1344 KB

Print Length: 192 pages

Publisher: Crossing Press (February 23, 2011)

Publication Date: February 23, 2011

Sold by:Â Random House LLC

Language: English

ASIN: B004G60AWW

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #416,639 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #76 inÂ Books > Religion & Spirituality > Other Eastern Religions & Sacred Texts > Karma #890 inÂ Kindle Store > Kindle eBooks > Religion & Spirituality > New Age > Meditation #987 inÂ Kindle Store > Kindle eBooks > Religion & Spirituality > New Age > Mental & Spiritual Healing

## **Customer Reviews**

Essential Energy Balancing was not the first book I had read by Diane Stein; it was the last in all the books she has written so far. I had learned everything I really needed and wanted to know from others about Reiki from her ESSENTIAL REIKI. The rest had to be learned as part of my personal journey with the energies. I had already started working daily with the " Angels of Karma" for healing

my life after reading WE ARE THE ANGELS and giving it to many close friends. I didn't know what else she could have to offer when I ordered ESSENTIAL ENERGY BALANCING that she had not already given so clearly and generously in her other books, but what a surprise I had waiting. True, the first section of EEB is about healing your past and present "karma," wounds, etc, and clearing at least 50% of your personal garbage and dysfunction, much like the book WE ARE THE ANGELS. However, for me, the main thrust of the book , besides these tools and information to clear personal pain and dysfunction, is the ten step process that follows. I completed this process quickly the first time I went through the book because I was so excited about it. Then I went back to it a year later and did it again slowly, and still continue the daily practice. What the ten step process and daily practice have offered me is the information and empowerment and personal spiritual connection to continue to heal much of my pain and dysfunction, beyond what I was aware of to ask in the first part of the clearing. The processes have allowed me to begin and continue to connect with all that I am mentally, emotionally, spiritually, things that continue to delight and surprise me. In this ongoing process, there is a larger connection with universal energies as well.

[Download to continue reading...](#)

Essential Energy Balancing: An Ascension Process Chakras for Beginners: An Idiot's Guide to Chakra Healing Chakra Energy and Chakra Balancing for Health, Wealth and Happiness (Chakra Healing, Chakra Balancing, Chakra Meditation Book 1) Mudras for Awakening Chakras: 19 Simple Hand Gestures for Awakening and Balancing Your Chakras: [ A Beginner's Guide to Opening and Balancing Your Chakras ] (Mudra Healing Book 3) REIKI: From Beginner to Expert - Energy Healing Double Book Bundle (+Bonus!) - Ultimate Guide to Reiki Healing & Chakra Healing (Energy Healing, Chakras ... Beginners, Reiki Symbols, Chakra Balancing) Reiki: The Healing Energy of Reiki - Beginner's Guide for Reiki Energy and Spiritual Healing: Reiki: Easy and Simple Energy Healing Techniques Using the ... Energy Healing for Beginners Book 1) Essential Energy Balancing II: Healing the Goddess Ascension s Right Hand \*OP (Mage : the Ascension, No 12) Essential Oils: 50 Essential Oil Dog & Cat Recipes From My Essential Oil Private Collection: Proven Essential Oil Recipes That Work! (Essential Oil Pet Private Collection Book 1) Essential Oils: Ultimate Essential Oils Guide and 89 Powerful Essential Oil Recipes! (2nd Edition) - How to Use Essential Oils for Aromatherapy and Healthy ... Loss, Essential Oil Recipes, Aromatherapy) ESSENTIAL OILS: Aromatherapy, Essential Oils For Beginners, And Essential Oil Recipes To Improve Your Health (Medicinal Herbs) (Essential oil recipes, ... Aromatherapy and essential oils Book 1) Electrochemical Energy Storage for Renewable Sources and Grid Balancing Essential Oils: 40 Amazing Essential Oil Recipes for Diffusers: (Diffusers, Natural Remedies) (essential oils diffusers, young living

essential oils book) Essential Oils For Beginners: Essential Oils For Beginners: How To Use The Essential Oils To Maximize Your Health And Longevity (Essential Oils And Aromatherapy) (Volume 1) Essential Oils: 120+ Essential Oils Recipes For Diffusers, Aromatherapy, Natural Remedies For Skin And Hair Care: (Essential Oils For Weight Loss, Aromatherapy) ... Oils, Essential Oils For Allergie) Master Your Metabolism: The 3 Diet Secrets to Naturally Balancing Your Hormones for a Hot and Healthy Body! Stress Less: 10 Balancing Insights on Work and Life Balancing on the Mechitza: Transgender in Jewish Community Perspectives for Agroecosystem Management:: Balancing Environmental and Socio-economic Demands Wholeistic Dentistry - Balancing Conventional Dental Care with Ancient Wisdom Balancing in Heels: My Journey to Health, Happiness, and Making it all Work

[Dmca](#)